## **ACASH Wants to Make EXPLICIT Comprehensive** Sex Ed Mandatory in Alabama public schools!



Alabama Campaign for Adolescent Sexual Health (ACASH) wants an age inappropriate, explicit comprehensive sex education (CSE) approach that:

- Normalizes teen sex.
- Focuses primarily on condom and contraceptive use.
- Introduces confusion regarding sex and gender.
- Considers parent involvement as extremism.

## There's an ALTERNATIVE to explicit comprehensive sex education.

Decisions teens make about sex can significantly impact their physical and emotional health, relationships, and future. Sexual Risk Avoidance (SRA) is a holistic, factual, science and research-based approach to sex education that focuses on healthy decision making, building healthy relationships, and equipping teens with knowledge and tools to help them make choices leading to optimal health and away from risky behaviors.



The SRA approach holds that teens are capable of delaying sex and data shows that they can and do choose to refrain from sexual activity. Eliminating risk (SRA), not simply reducing it (SRR, aka comprehensive), gives teens the best chance for success. All youth deserve the benefits afforded by avoiding risky behaviors.

Sexual Risk Avoidance (SRA) Risk ELIMINATION via avoidance of sexual activity. Focus: self-regulation, goal setting, healthy decision-making, their future Normalizes optimal health behavior of avoiding non-marital sex. Teen sex is a risk behavior, even with contraception and consent. Negative emotional & physical consequences are addressed in the context of life impact.

Prioritizes sexual delay as optimal sexual health and the only 100% way to prevent pregnancy, STIs, and other negative consequences of teen sex.

> Provides clarity over confusion based on proven research to lead <u>all</u> teens to optimal health.

<u>egislators</u>

- Find out what's being taught in your local district.
- Talk to school administration.
- Adopt authentic SRA curricula.
- Learn more about SRA at weascend.org
- Share this flyer!

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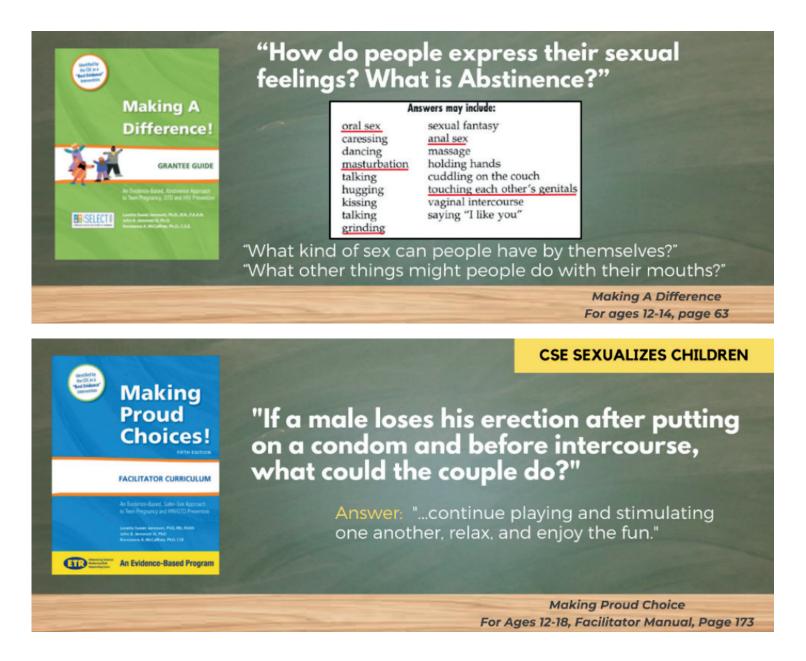
- 80% of federal funding currently goes to CSE.
- Please fund programming on the state level for sexual risk avoidance through Title V.
- Ensure only authentic SRA programs receive Title V.
- Clearly define specific language in the law regarding sex ed to protect children.

For more information and resources, scan here:



## Do you think this information should be taught to Alabama youth?

These are examples from two of the comprehensive sex education programs (Making A Difference and Making Proud Choices) funded from federal dollars to the Alabama Department of Health.



We should demand the highest level of primary prevention, optimal sexual health for our children! For more information and resources, scan here:

