

The subject of sex education curriculum within the public school setting demands the highest standards of content and provides students a pathway toward thriving, wholeness, success and optimal health. It must also recognize the responsibility of parents/guardians in securing the most effective, age appropriate and optimal health education that does not contribute to the sexualization of their child. The following bill seeks to refine and define all content areas included in sex educations programs and curricula for Alabama students.

## Key Concepts of the 2025 Sex Education SRA Bill

- Requires ALL sex education/human reproductive curricula or programs to exclusively teach <u>sexual risk avoidance</u> (SRA);
- SRA is a sex education approach based on the public health model for optimal health known as "risk avoidance" or "primary prevention";
- Focus is on the elimination and/or avoidance/abstaining from sexual risks leading to potential negative life and health outcomes;
- Differs from "risk reduction" known as comprehensive sex education
  (CSE) model which is primarily focused on increasing contraceptive use
  and normalizes teen sex; Planned Parenthood largest producer of CSE;
- Focus on the whole person and the importance of healthy decision—making to future life outcomes; teaches the skills of the *Success Sequence:* finish school, obtain full time employment, and have children after marriage; less than a 5% chance of living in poverty as adults;
- Components of healthy relationships, future family formation, and the impact that waiting for sex can have on academic success.
  - Research: teens who wait to have sex increase their chances for a happier marriage, healthier future family, a life of personal responsibility and productive citizenship;
  - o Positive and negative influences of peers, culture, media;
  - Boundary setting and refusal skills are taught;

## Key Content of the 2025 Sex Education SRA Bill

- A. Requires Parent/Guardian notification 14 days prior to any sex education content taught; right to **OPT Out** their child.
- B. Prohibits any sex education curricula/program from supporting, demonstrating, or providing access to contraceptives, abortion, graphic/sexually explicit material or normalizes any form of teen sexual activity.
- C. The advantages of avoiding/eliminating risks of nonmarital teen sexual activity and the potential physical, emotional and lifelong negative outcomes of teen sexual activity.
- D. **Sexual abstinence is the only 100% effective** way to prevent unintended pregnancy, sexually transmitted diseases and infections, HIV, and potential emotional harm; primary prevention model.
- E. Provide skills and knowledge to avoid sexual risks and develops awareness among students of the impact on physical, social, emotional, psychological, economic, and educational outcomes; Medically accurate information regarding 'real life usage' and the efficacy & limitations of various forms of contraception in youth population; debunk the myth of "safe sex" among youth.
- F. Provide factual data on the options facing youth experiencing unintended pregnancy, the benefits of raising children within the context of marriage; the challenges of teen parenting, abortion and adoption decisions; state laws addressing these options.
- G. Restricts any content that seeks to encourage teen sex; local schools may NOT use any individual or organization to assist in sex education that performs, provides referrals, funding, or advocacy for abortion;