

**WE'RE HAVING A BIRTHDAY !
ALABAMA EAGLE FORUM IS 50 YEARS OLD
1976-2026**



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In 1975 Phyllis Schlafly started National Eagle Forum as the fight to STOP ERA was winding down. Her goal was to have active chapters in each state to continue to battle for God, Family and Country. Alabama Eagle Forum was started in 1976 with Jean Saunders as the first president, succeeded by Frances Wideman. As her work on the STOP ERA campaign in Alabama ended, Eunie Smith became President of Alabama Eagle Forum, and she has served faithfully since then guiding and shaping the organization's mission and activities.

Today, Eagle Forum of Alabama remains the state's leading grassroots voice for life, liberty, and strong families.

Our consistent presence in the State House during legislative sessions makes a real difference in public policy. Through advocacy, education, and training including our Student Eagle program, we are a positive force to "make a difference" in Alabama and beyond.

EFA's America 250 Family Challenge

Rediscovering Our Founding — One Month at a Time



America's story is worth celebrating and it's even better when it's shared together as a family.

As we approach the 250th anniversary of the Declaration of Independence, Eagle Forum of Alabama is launching the America 250 Family Challenge: a year-long, month-by-month journey to rediscover the ideas, courage, and convictions that shaped our nation and prepare our families to joyfully celebrate America's extraordinary heritage. This challenge is designed to strengthen families, spark meaningful conversations, and remind us why America's founding principles are not only worth celebrating, but they are also worth defending.

Each month, we'll post on our website, a downloadable, fun, meaningful activity packet designed to spark conversation, curiosity, and connection. These challenges are meant to be enjoyed around the dinner table, during homeschool time, or on a quiet evening together, no prep required and no pressure to do everything at once.

Every monthly packet will include:

- A new theme highlighting a key founding principle
- A short reading with engaging discussion questions
- Hands-on games inspired by those colonial families once played
- A word search and coloring page for younger children
- And more!

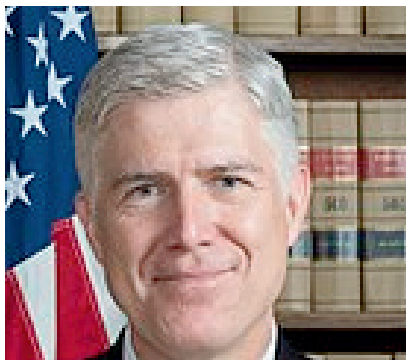
Our goal is simple: to help families rekindle their love for America, deepen their appreciation for the freedoms we enjoy, and pass these values on to the next generation in a way that feels natural, joyful, and memorable.

New packets will be released one month at a time, so families can focus on one theme and enjoy the journey together.

- January - Principles of Liberty: Natural Rights & Purpose of Government
- February - Meet The Founders: Character & Leadership
- March - Faith & Morality: Moral Foundations of Freedom
- April - Patriots At Home: Family Legacy & Civic Duty
- May - Freedom of Speech & Faith
- June - The Cost of Freedom: Sacrifice & Courage
- July - Independence: Declaration of Independence
- August - Local Government Matters: State & Local Authority
- September - The Constitution & the Rule of Law
- October - How Laws Are Made: Civic Responsibility
- November - Gratitude For Liberty: Thankfulness & Service
- December - Passing The Torch: Teaching the Next Generation

Go to alabamaeagle.org to get started today!

Justice Neil Gorsuch warns about “Greatest Danger America Faces Today”



Supreme Court Justice Neil Gorsuch told “Fox and Friends” co-host Lawrence Jones in an appearance on that show that the “greatest danger” facing the country was “itself.”

Gorsuch said Americans can’t preserve their history unless they know it. “Thomas Jefferson said an ignorant people will never remain free for long and he is right.” Gorsuch told Jones, “We need to know our history in order to preserve it.” Gorsuch was appointed to the court by President Donald Trump in 2017.

Jones responded, “To that point, ignorance and knowing our history, it seems like a lot of my generation and the younger generation, those stories aren’t taught in schools. Do you think that has hurt us as a society that we eliminated those stories out of the history books?” “This is one thing my colleagues and I really agree on is the importance of bringing civic education to our children,” Gorsuch replied.

“Over half of Americans can’t pass the citizenship exam we expect people who come to this country to pass. Most Americans cannot name the three branches of government. And if you ask me what the greatest danger America faces today, it’s itself. We have to learn how to talk to one another. We need to know our shared history.”

In 2023, Republican Gov. Ron DeSantis of Florida opposed an Advanced Placement history course that reportedly contained elements of so-called queer theory and critical race theory (CRT). CRT holds that America is fundamentally racist, teaches people to view every social interaction and person in terms of race, and seeks to hold groups of people accountable for the actions of their ancestors. The College Board announced an update to the course following Florida’s rejection of the initial framework. (Editors Note: other states, including Alabama, have required changes to text for similar reasons.)

“I think if we do that, we’ll come to realize that all the things that separate us pale in comparison to the things that unite us, those great ideas in the Declaration of Independence,” Gorsuch told Jones. “I wanted to be part of America’s celebration and bringing us together again.” Former President Abraham Lincoln had a similar warning about America’s fate. “If destruction be our lot we must ourselves be its author and finisher. As a nation of free men we will live forever or die by suicide,” Lincoln said.

(The information in this article was first published in the Daily Caller News Foundation.)

Alabama Eagle Forum provided input into the latest Course of Study for Social Studies, a lot of which was adopted. Some of our Eagles are involved with reviewing proposed textbooks and providing feedback to the Department of Education. Accurate history and civics education is essential to the preservation of our Republic.

Turning Off Internet on Your Phone Improves Attention



Nicholas Hulscher, MPH of the McCulloch Foundation, recently released an article published in “Science, Public Health Policy and the Law.” It discussed a randomized study which suggested that turning off the internet connection on your smart phone improved mental health more than anti-depressants.

He said that as the world has become increasingly reliant on mobile computing technology for work and entertainment, few people stopped to consider the downstream consequences. The study he addresses found that simply removing mobile internet access while still allowing calls and texts can produce measurable improvements in psychological functions in as little as two weeks. Researchers effectively turned smartphones into “dumb phones” and the results were striking: improved sustained attention, improved mental health, and higher subjective well-being.

This was a month-long preregistered randomized controlled trial, enrolling 467 iPhone users in the U. S. and Canada. Participants installed the Freedom app, which blocked all mobile internet access (Wi-Fi and cellular data) for two weeks, while still allowing calling, texting, and internet use on other devices like laptops or desktops. Outcomes were measured at baseline, two weeks and four weeks, allowing researchers to compare changes during restriction periods versus normal use periods.

After two weeks without mobile internet, participants experienced significant improvements in subjective well-being (including life satisfaction and positive/negative affect), mental health (a combined index including depression, anxiety, anger, personality functioning, and social anxiety), and objectively measured sustained attention.

The author stated that dialing it back, even temporarily, can have positive impacts without cutting people off from calls, texts, or the internet altogether. That matters because the next wave of technology isn't aiming to be in your pocket--it's aiming to be in your body. If we go to implantable AI technology, we will be moving toward even more dependence. If smart phones already reshape the mind this dramatically, permanent integrated AI may reshape it in ways we won't be able to reverse.

Attempting to make “god” in the human image.

Something to think about! “In that new age, there will be ‘no clear distinction between humans and machines’. The computers will not be merely in our pockets and purses, but inside our bodies and brains, so that we’re going to be a hybrid of biological and non-biological intelligence.” “What is going to be created will effectively be a god...If there is something a billion times smarter than the smartest human, what else are you going to call it?” --Anthony Levandowski from *Who Will Rule the Coming “God”* by Wallace B. Henley, 2021.

The American Society of Plastic Surgeons (ASPS) has become the first major U.S. medical association to adopt a cautious stance on pediatric gender medicine, citing the weak evidence base and potential long-term harm to young people. In its new [position statement](#), the ASPS recommends “that surgeons delay gender-related breast/chest, genital, and facial surgery until a patient is at least 19 years old.” *The Hill’s Headlines*, Feb. 3, 2026

“When the medical ethics textbooks of the future are written, they’ll look back on sex-rejecting procedures for minors the way we look back on lobotomies. I applaud the American Society of Plastic Surgeons for placing itself on the right side of history by opposing these dangerous, unscientific experiments.”

—Centers for Medicare & Medicaid Administrator Dr Mehmet Oz, [HHS statement](#), 3 February 2026

After years of strongly supporting “gender affirming care” surgeries and drug treatment for minors with gender dysphoria, one day after the ASPS (see above), the American Medical Association announced a guarded about face on their position. On Feb. 4, 2026, the AMA issued a statement that said “the evidence for gender-affirming surgical intervention in minors is insufficient for us to make a definitive statement”. They added that their agreement with the American Society of Plastic Surgeons “that surgical interventions in minors should be generally deferred to adulthood” without mentioning medications. While we applaud these statements, the timing of these statements is notable, since just one week before, a young woman was awarded a \$2 million judgment in her lawsuit against the medical professionals who encouraged and performed the removal of healthy breasts at just 16 years old as part of her transgender “treatment”.

The Daily Wire, Feb. 4, 2026

“If a businessman makes a mistake, he suffers the consequences. If a bureaucrat makes a mistake, you suffer the consequences.” Ayn Rand

“Our young people cannot safeguard what they do not cherish, and they cannot cherish what they do not know.”

--Tom Walker,
Founder of American Village

“Providence has been pleased to give us this one connected country to one united people--a people descended from the same ancestors, speaking the same language, professing the same religion, attached to the same principles of government, very similar in their manners and customs.”

--John Jay,
in the Federalist Papers

“The welfare of our country is the great object to which our cares and efforts ought to be directed.”

--George Washington

“The tree of liberty must be refreshed from time to time with the blood of patriots and tyrants.”

--Thomas Jefferson

“Whoever is happy will make others happy too. He who has courage and faith will never perish in misery!”

--Anne Frank,
“The Diary of a Young Girl”

What's Good About America

Reverend John Killian presented with the Dan Ireland ALCAP Award



Congratulations to John H. Killian, our longtime friend and supporter of Eagle Forum, on receiving the ALCAP (Alabama Citizens Action Program) Dan Ireland Award! It was presented to him at the ALCAP luncheon following their Welcome Back rally for the legislature on January 21, 2026, in Montgomery. Eagle Forum has worked at the State House with ALCAP for many years advocating sound, Christian based public policy.

As explained during the ceremony, the award was founded in 2013 and named for Dr. Dan Ireland, the first and long serving head of ALCAP. This award honors steadfast faith, service, and leadership and John embodies all of it. He earned advanced degrees in history and theology, and then served in decades of Christian ministry. John's life has been marked by scholarship, service, and love for Alabama.

We, as well as ALCAP, are grateful for the work and ministry of John Killian, and for his faithful contribution to our Alabama Eagle Forum quarterly newsletter with his inspiring articles about "What is Good About America." He follows other recipients of this annual award, such as our President, Eunie Smith, who received the award in 2016.

Eagle Forum Applauds U. S. Withdrawal from WHO

We, at Eagle Forum, are more than pleased to see that the United States has finally withdrawn from the World Health Organization effective January 22, 2026. Under the terms of the agreement signed when the U. S. joined the WHO, the United States was required to give a one year's notice before the exit would become final. The initial intent to resign was given in January of 2025 by President Trump.

National President of Eagle Forum Kris Ullman gave the following statement, "We applaud the Trump Administration for keeping their promise to get the U. S. out of the WHO. This action will save billions of taxpayer dollars annually and reaffirm our national sovereignty, protecting Americans from the onerous overreach of unelected bureaucrats."

Eagle Forum of Alabama certainly applauds this action as the WHO for years has overstepped its bounds, especially with its world quest for control with its proposed Pandemic Treaty.

Pro-Pot Lies Go Up in Smoke

Press Release from National Eagle Forum dated Feb. 11, 2026

“The New York Times Editorial Board has just admitted what Eagle Forum has known for years: America has a marijuana problem. The lies that Big Weed has been peddling are going up in smoke,” said Kris Ullman, President of Eagle Forum.

The New York Times admits that many of the pro-legalization crowd's predictions have proved untrue. Daily marijuana use has not gone down but has tripled. Marijuana addiction and dependence are not “relatively minor problems” but have led to increases in cannabinoid hyperemesis syndrome, marijuana-linked paranoia and chronic psychotic disorders, and THC-related auto accidents.

“We commend The New York Times for acknowledging the problems created by easy access to recreational and medical marijuana. We agree that the United States ‘has recently gone too far in accepting and even promoting its use,’” Ullman continued. “That is why Eagle Forum has made educating and advocating against marijuana use a top priority for 2026.”

There are many things that governments can and should do to regulate marijuana. THC potency should be limited, not marketed like candy, and not sold as medicine without full FDA approval. Pregnant and nursing mothers should avoid marijuana entirely. Young people, especially young men, need to be told the truth about the risks of permanent harm to brain development. At a minimum, marijuana should carry black-box warnings about lifelong risks, and no one under 25 should be allowed to purchase it or work in the industry. Foreign nationals and corporations should not be allowed to own marijuana farms or processing operations in the United States. State and local governments should enforce their laws against the public consumption of marijuana, just as they do for alcohol. The smell of weed is a public nuisance.

Editor's Note: While we are thankful that in Alabama marijuana is still illegal and that we were successful in having the synthetic THC products that are sold as gummies, candies, and other enticing products regulated, (making them unavailable to minors and almost unavailable to everyone), we continue to have too many adverse effects of marijuana in Alabama. Impaired driving due to marijuana is still a major problem and, in fact, more common than from alcohol. DMV statistics show significantly more deaths on Alabama roads from marijuana than alcohol.



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JOIN AN
**ACTION
GROUP
TODAY**



"Our Jasper Action Group has been a great way to connect to my community. I've made so many **friendships** with like-minded people, had witnessing opportunities, and have been able to **make a difference** by focusing on projects that not only affect change through policy but also also gives us **purpose** and invigorates our mindset to become a positive contagion!"

- Iva Hendon
Jasper, Alabama

We have 23 Action Groups across Alabama. Call 205-471-8752 to join today