

*Eagle Forum of Alabama*

# AMERICA

## 250<sup>th</sup> Family Challenge



★ APRIL ★

**Patriots At Home:  
Family Legacy & Civic Duty**

*Rediscovering Our Founding - One Month at a Time.*

*April*

# Patriots At Home

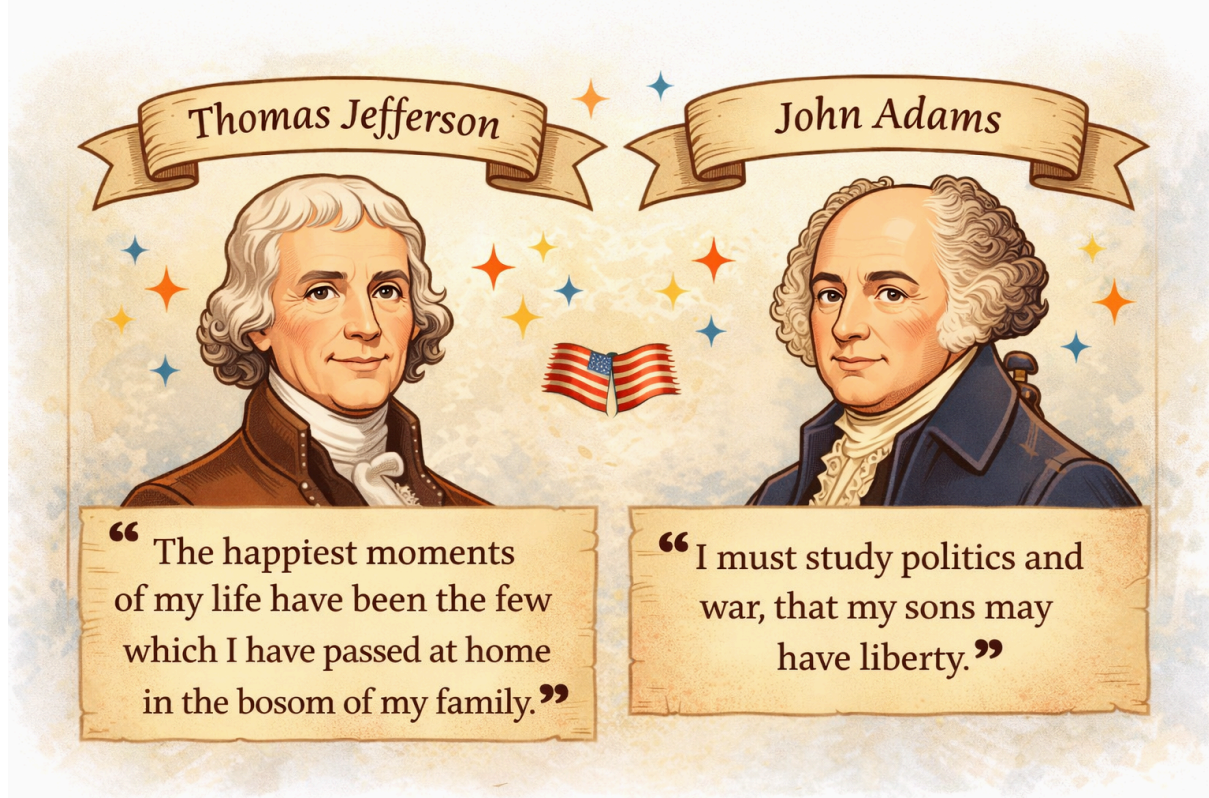
## Family Legacy & Civic Duty

### INTRODUCTION

Before America was a nation, it was a collection of families—working, sacrificing, and building together. In the founding era, the home was the center of daily life, where children learned responsibility, faith, discipline, and the value of hard work. Families didn't wait for someone else to provide for them—they took ownership of their needs, providing food, shelter, and care through diligence and perseverance.

Communities were built on these same principles. Neighbors looked out for one another, churches and local groups stepped in to help those in need, and generosity flowed from a shared sense of duty. There were no large government programs to rely on—people understood that strong families and strong communities were the foundation of a free and thriving society.

This month, we'll explore how the habits formed at home—working together, serving others, and taking responsibility—helped shape the character of early Americans. These same principles still matter today. By strengthening our families, we help strengthen our communities—and ultimately, our nation.



Thomas Jefferson

John Adams

“ The happiest moments of my life have been the few which I have passed at home in the bosom of my family.”

“ I must study politics and war, that my sons may have liberty.”

# April

## Patriots At Home Family Legacy & Civic Duty

### FAMILY CHALLENGE

## ACTIVITY

### Serve Your Neighbor Day

This activity will help help practice personal responsibility, generosity, and community care—just like early American families did. As a family, choose one simple way to serve someone else in your community this month.

#### WHAT TO DO

- Bake bread or cookies and deliver them to a neighbor
- Write thank-you notes to local helpers (police, teachers, pastors)
- Help an elderly neighbor with yard work or small chores
- Make a meal for a family in need
- Donate clothes or items your family no longer needs



#### DISCUSSION BEFORE OR AFTER

- Why didn't early Americans rely on government programs to help others?
- What role did families and churches play instead?
- How does serving others make a community stronger?

#### AFTER COMPLETED ACTIVITY

##### Discuss these questions:

- "Our Family Served By:"
- "What We Did:"
- "How It Felt:"
- What other ways can we, as a family, serve in the future?

# April

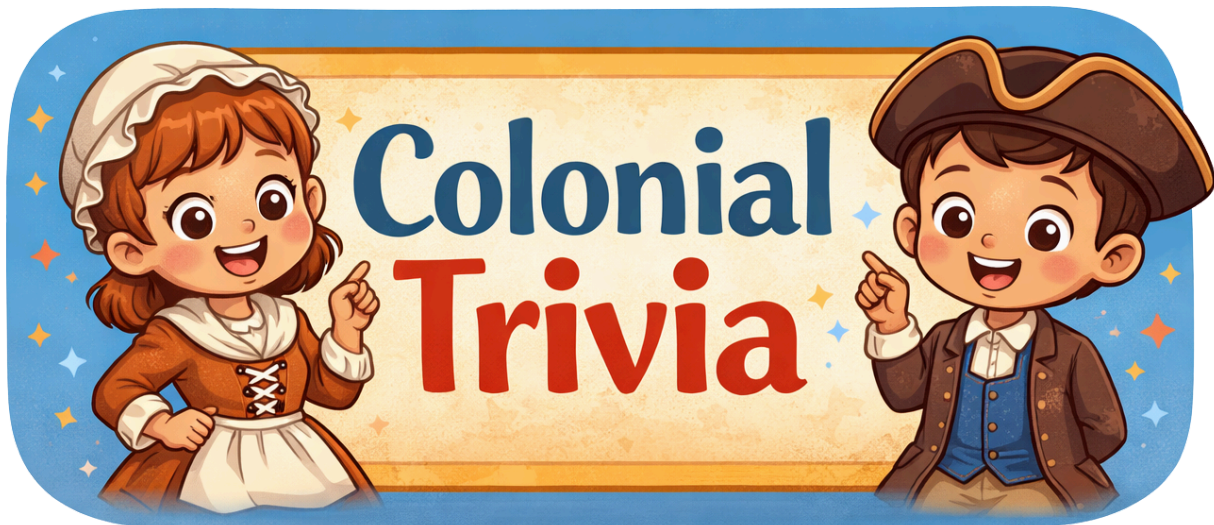
## Patriots At Home Family Legacy & Civic Duty

### FAMILY CHALLENGE

### April Prayer

The *New England Primer* has been called the “Little Bible of New England”. It was the most used schoolbook in colonial times. The book was read and studied for more than a century. This was a prayer contained in the book and is a good one to use today.

***“ I pray God to bless my Father and Mother,  
Brother and Sisters, and all my dear  
Friends.AMEN.”***



### “Life at Home in 1776”

- What was the average size of a colonial family?
- Where did most colonial children receive their education?
- What was the approximate population of the American colonies in 1776?
- What was the most commonly used schoolbook in colonial America?
- What chore would MOST colonial children likely do at home?

***Find the answers on the bottom of the word search page.***

# Family GAME

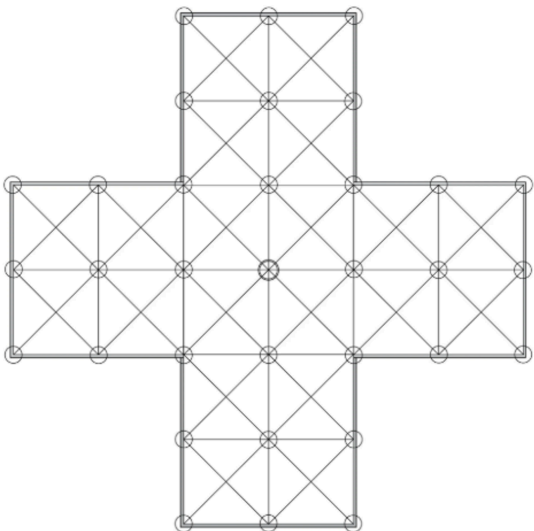
## FOX & GEESE

A Game Families Have Enjoyed for Generations

Fox and Geese was played in Europe for centuries and common in early American homes. This game Teaches strategy, patience, and planning. It reflects simple home entertainment (no store-bought games needed) and reinforces family interaction and shared time.



### FOX AND GEESE



### What You Need:

- Paper + pencil (to draw the board)
- 1 coin or object for the “fox”
- 13 small objects (beans, coins, buttons) for the “geese”

### How To Play: (Watch on Youtube [here.](#))

- Draw a cross-shaped board (See example on the left.)
- One player is the fox (1 piece), the other controls the geese (13 pieces).
- The geese try to trap the fox so it can't move.
- The fox tries to “jump” over geese (like checkers) to remove them.
- If the fox is trapped → geese win
- If enough geese are captured → fox wins

# WORD Search

## Kid's Puzzle

BIBLE FAMILY  
QUILL SEWING  
CANDLE GARDEN  
HEARTH BREAD  
HOME COLONY

U F A M I L Y Z P K  
E H O M E Q U I L L  
W R C O L O N Y I X  
H Q U G A R D E N S  
E W K A O F M O H E  
A X W R V E Q E S W  
R C A N D L E A P I  
T O T Z X Q S P B N  
H E T B R E A D B G  
E B I B L E O O S G

## Teen Puzzle

STEWARDSHIP  
RESPONSIBILITY  
HERITAGE  
LEGACY  
VIRTUE  
DISCIPLINE  
INDUSTRY  
PROVIDENCE  
SCRIPTURE  
HOMESTEAD  
APPRENTICESHIP  
FRUGALITY  
DUTY  
LIBERTY

A F Q K J L E G A C Y B Q T V  
R P C D X D D S X J J H H J Z  
S E P O I X Y K B Y P E Y S X  
C H S R F S Y G H V K R G T U  
R I Q P E S C Y Y G Y I F E F  
I N R P O N L I B E R T Y W R  
P D E V R N T S P N M A D A U  
T U Q I S O S I P L F G U R G  
U S R R K P V I C E I E T D A  
R T Q T K C W I B E L N Y S L  
E R Y U E I E T D I S G E H I  
L Y W E Y S Y V A E L H P I T  
S P L R P Y X T L T N I I P Y  
Q D H O M E S T E A D C T P U  
F S T S N Z A A Q I J F E Y G

# Patriots At Home

## Family Legacy & Civic Duty



# Eagle Forum of Alabama

## ABOUT US

Eagle Forum of Alabama is dedicated to promoting strong families, informed citizens, and the timeless principles that made America great. Through education, advocacy, and programs fostered by our Action Groups and Student Eagles, we are investing in the next generation of leaders.

If your family enjoyed this month's challenge, you're already part of something bigger. Together, we are raising the next generation to love truth, cherish freedom, and live with purpose.

[WWW.ALABAMAEAGLE.ORG](http://WWW.ALABAMAEAGLE.ORG)



[Check out www.AlabamaEagle.org for:](http://www.AlabamaEagle.org)

- Weekly Alabama legislative updates
- Blog posts & news updates on issues impacting Alabama families
- Access educational resources like the America 250 Family Challenge
- Learn about Student Eagles and how they can get involved
- Find upcoming EFA events and conferences
- Take action with alerts to make your voice heard
- Support our work to strengthen families & communities across Alabama
- Find links to our social media and Youtube channel



## DONATE!

We're YOUR voice at the State House—and your partner in raising informed, confident citizens. We are deeply grateful for your financial support, which makes it possible for us to continue educating, equipping, and advocating for strong families across Alabama.