

Eagle Forum of Alabama

AMERICA

250th Family Challenge



◆ FEBRUARY ◆

**Meet the Founders:
Character & Leadership**

Rediscovering Our Founding - One Month at a Time

www.AlabamaEagle.org

February:

Meet The Founders Character & Leadership

INTRODUCTION

This month, we meet the Founders and explore the character, courage, and leadership that shaped our nation. America's freedom did not happen by accident – it was built by individuals who valued virtue, responsibility, and liberty.

Through this month's activities, families will learn about the men and women who helped found our country and the qualities that made them strong leaders. Their example reminds us that freedom is preserved not only by laws, but by the character of the people.

Enjoy these simple, meaningful activities designed to spark conversation, strengthen families, and help the next generation grow into informed, confident citizens who cherish America's founding principles.

Presidents' Day In America



Did you Know?

Presidents' Day is celebrated each year on the third Monday in February, but it originally honored just one leader—George Washington, whose birthday is February 22. The holiday was first established in 1879 by an act of Congress as Washington's Birthday, not by executive order. Later, people began also recognizing Abraham Lincoln, who was born on February 12. In 1971, Congress passed the Uniform Monday Holiday Act, which moved the holiday to a Monday to create a long weekend. Over time, it became commonly known as "Presidents' Day" to honor all U.S. presidents. It's a great time to reflect on the leadership, character, and courage of those who have guided our nation.

February

Meet The Founders Character and Leadership

FAMILY CHALLENGE

Patrick Henry

“Give me liberty, or give me death!”

(Speech to the Virginia Convention, March 23, 1775.)

Thomas Jefferson

“One man with courage is a majority.”

(Letter from Thomas Jefferson to Andrew Jackson, January 12, 1816.)

Jefferson reminds us that courageous leadership does not depend on numbers. A single person willing to stand for what is right can make a powerful difference.

ACTIVITY

Read Together

America was founded by men and women who showed remarkable character, courage, and leadership during uncertain and difficult times. The Founders believed that freedom could only last if the people practiced virtue, responsibility, and self-government.

They risked their lives, their fortunes, and their sacred honor to secure liberty for future generations. Their leadership reminds us that a free nation depends not only on laws, but on the character of its people.

WHY THIS MATTERS

The courage and character of the Founders remind us that freedom is not just protected by laws; it is preserved by the values we live every day. When families practice integrity, responsibility, and leadership, they help carry the torch of liberty to the next generation.

FAMILY DISCUSSION

- What character traits do you think made the Founders strong leaders?
- What risks did the Founders take when they chose independence?
- How does leadership at home help strengthen our country?
- Which Founding Father’s leadership do you admire most and why?
- What does it mean to lead with courage and integrity today?
- Why did the Founders believe virtue and responsibility were important for a free nation?



★ **BONUS: Each week, choose a founder and learn one new fact about him.** ★

February

Meet The Founders Character and Leadership

FAMILY CHALLENGE

February Prayer

Excerpt From National Day of Fasting, Humiliation, and Prayer Proclamation (1798)

“That we may then all humble ourselves before the Most High God, confess our sins and transgressions, and implore His forgiveness... that He would grant us the spirit of true repentance and amendment of life, and inspire us with courage and constancy to maintain our liberties.”

Kid-friendly explanation: John Adams prayed that God would give the people of America the courage to protect their freedom.

This prayer reflects values the Founders believed were necessary for freedom:



- ★ Humility before God
- ★ Moral character
- ★ Courage to defend liberty
- ★ Perseverance in difficult times

TRIVIA

1. How many men signed the Declaration of Independence?
2. What was the average age of the signers?
3. Who was the oldest signer? How old was he?
4. Who wrote the majority of the U.S. Constitution?
5. Who was elected the first president of the United States?
How many votes did he get?
6. Which two founders died on the July 4th, 1826 exactly
50 years from the signing of the Declaration of
Independence?

Find the answers on the bottom of the word search page.

Family GAME

CHECKERS

A Game Families Have Enjoyed for Generations

A Colonial-Inspired Family Game was Checkers (also called draughts). It was a popular game in the 1700s and early 1800s. Families often played together at home, using simple boards and pieces. It helped develop strategy, patience, and fair play which are important qualities for good leaders.



Make Your Own Board (No Supplies Needed!)

Draw It

- Draw a large square
- Divide it into 8 rows and 8 columns (like a checkerboard)
- Shade every other square to create a pattern

Use Coins for Pieces

- One player uses pennies
- The other player uses nickels or dimes
- Each player starts with 12 pieces



How to Play (Simple Rules)

- Each player places their pieces on the dark squares in the first three rows
- Players take turns moving one piece diagonally forward
- Jump over an opponent's piece to capture it
- Reach the opposite side to become a king (it can move forward and backward)
- The goal is to capture all your opponent's pieces or block them from moving.

FAMILY REFLECTION

The Founders believed that strong leaders show patience, good judgment, and fairness. Games like Checkers helped families practice thinking ahead, making wise decisions, and playing with integrity.

QUESTION:

What does it mean to play fair and why is fairness important for leaders?



WORD Search

Kid's Puzzle

Liberty	Creator
Rights	Justice
Freedom	Government
People	Secure
Laws	Ordain

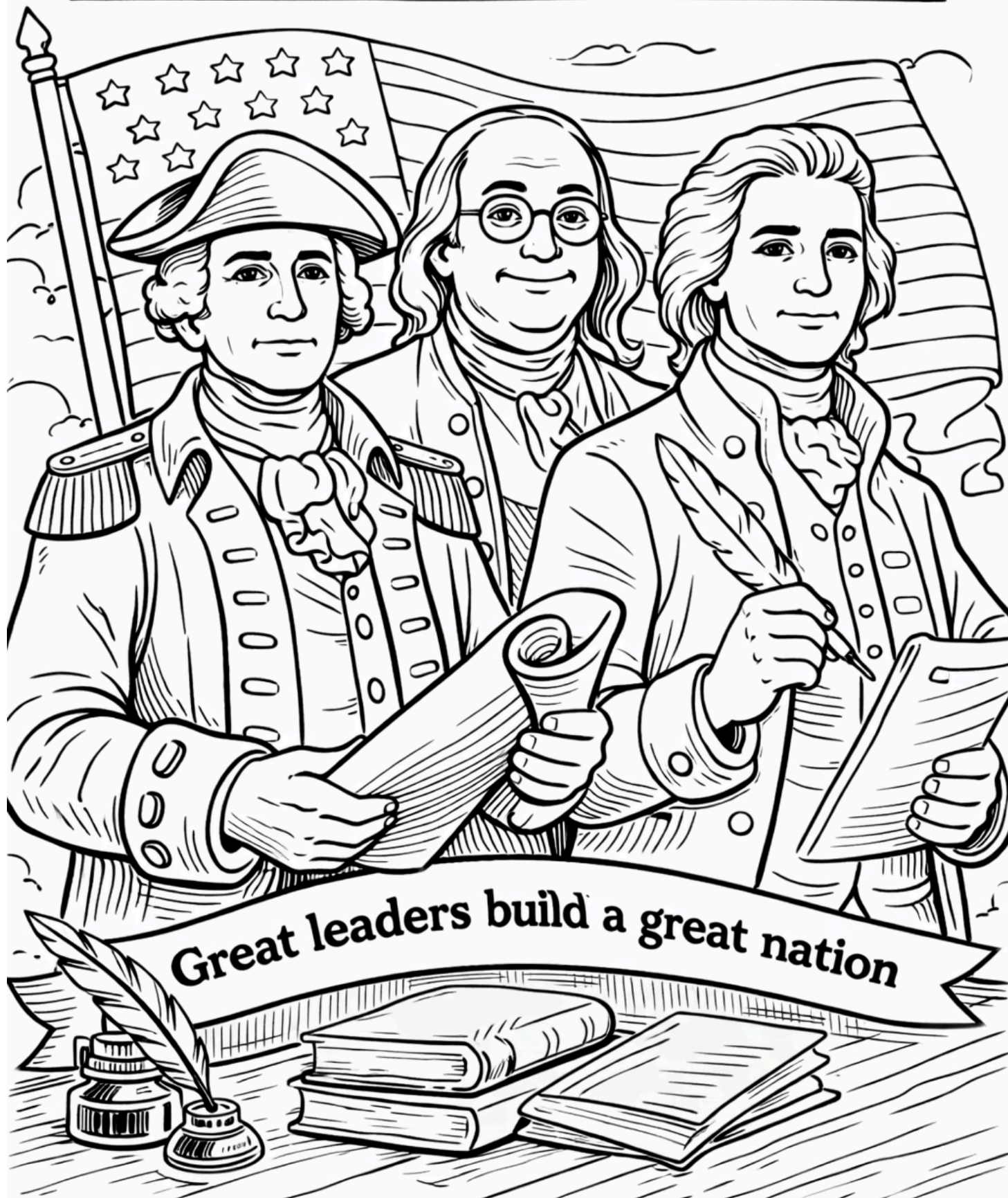
J P C R E A T O R G
 U E O R D A I N P O
 S O U V R C K L Y V
 T P O C R W V A L E
 I L K Q F I V W I R
 C E R I G H T S B N
 E F R E E D O M E M
 J L M O S E C U R E
 Q C Y H B C P Y T N
 C C V C R L Q I Y T

Teen Puzzle

WE THE PEOPLE
 NATURAL LAW
 CREATOR
 RIGHTS
 LIBERTY
 JUSTICE
 GOVERNMENT
 SECURE
 FREEDOM
 DEFENCE
 TRANQUILITY
 POSTERITY
 ORDAIN
 FOUNDERS

G O V E R N M E N T R E Q C F
 S F P N M D A A Z J L I J E R
 I H O C Q E O T T Y O E V S E
 H H S T W I C H U F R A D E E
 X Y T R M E C E H R D X C C D
 T J E A M J T Z I O A M V U O
 K U R N D M W H C S I L Q R M
 F S I Q T E S K E F N O L E G
 O T T U V C F U L P K Y E A N
 U I Y I C R R E T I E D R K W
 N C F L F I Y E N O B O N Y D
 D E H I E G Y D A C A E P M Y
 E J W T T H Z N M T E R R L B
 R C G Y C T G I Z J O Y A T E
 S U I P J S Z V W X R R M B Y

Meet the Founders – Courage & Character



Eagle Forum of Alabama

ABOUT US

Eagle Forum of Alabama is dedicated to promoting strong families, informed citizens, and the timeless principles that made America great. Through education, advocacy, and programs fostered by our Action Groups and Student Eagles, we are investing in the next generation of leaders.

If your family enjoyed this month's challenge, you're already part of something bigger. Together, we are raising the next generation to love truth, cherish freedom, and live with purpose.

WWW.ALABAMAEAGLE.ORG



Check out www.AlabamaEagle.org for:

- Weekly Alabama legislative updates
- Blog posts & news updates on issues impacting Alabama families
- Access educational resources like the America 250 Family Challenge
- Learn about Student Eagles and how they can get involved
- Find upcoming EFA events and conferences
- Take action with alerts to make your voice heard
- Support our work to strengthen families & communities across Alabama
- Find links to our social media and Youtube channel



DONATE!

We're YOUR voice at the State House—and your partner in raising informed, confident citizens. We are deeply grateful for your financial support, which makes it possible for us to continue educating, equipping, and advocating for strong families across Alabama.