

Eagle Forum of Alabama

AMERICA

250th Family Challenge



★ **MAY** ★

Freedom of Speech & Faith

Rediscovering Our Founding - One Month at a Time.

www.AlabamaEagle.org

May

Freedom of Speech & Faith



This month, we explore two of the most cherished freedoms in our nation's history—freedom of speech and freedom of faith. From the earliest days of colonial America, families came to this land seeking the ability to speak openly and worship God according to their convictions. These freedoms were not taken lightly; they were shaped by courage, sacrifice, and a deep belief that truth matters. Today, we continue that legacy every time we speak honestly, listen respectfully, and live out our faith with confidence.

In colonial homes and communities, these freedoms were practiced daily. Families gathered for prayer, taught their children to value truth, and engaged in conversations about ideas that would shape a new nation. They understood that with the freedom to speak comes the responsibility to use our words wisely, to encourage, to stand for what is right, and to seek truth. Likewise, freedom of faith meant more than belief, it meant living out those beliefs with integrity and devotion.

As you work through this month's activities together, we encourage your family to think about how these freedoms shape your lives today. How can you use your voice to speak truth with kindness? How can your faith guide your actions and decisions? By practicing these principles at home, you are continuing a tradition that has strengthened families and communities since the founding of our country.

May

Freedom of Speech & Faith

FAMILY CHALLENGE

FAMILY ACTIVITY

Family Town Hall Night

Time to recreate a colonial-style town meeting in your living room! This is a fun family activity that teaches the value of freedom of speech while encouraging respectful disagreement. It builds confidence in speaking and helps children understand that every voice matters. View picture for how to play.



May

Freedom of Speech & Faith

FAMILY CHALLENGE

May Family Devotional



In colonial America, families often began and ended their days with prayer, asking God to guide their words and actions. They understood that truth was not just something to believe, but something to live and speak with courage. The Bible reminds us, **“Speak the truth to one another”** (Zechariah 8:16), calling us to be honest and trustworthy in all we say. When we pray and seek God’s wisdom, He helps us use our words in ways that honor Him and strengthen those around us. Take a few minutes now to pray as a family for these things.



1. What important document begins with the words “We the People”?
2. What amendment protects freedom of speech and freedom of religion?
3. Many colonists came to America to have the freedom to do what?
4. What is the name of the group that sailed to America in 1620 for religious freedom?
5. In colonial times, what invention helped spread ideas and free speech by printing newspapers and pamphlets?
6. True or False: In colonial America, everyone was always allowed to say anything they wanted without consequences.

Find the answers on the bottom of the word search page.

Family GAME

"COLONIAL MESSAGE RELAY"

This game helps families see how easily messages can change as they are passed from person to person, highlighting the importance of clear and truthful communication. It reinforces the value of free speech while encouraging careful listening, and its simple, no-tech format makes it a fun and meaningful activity for all ages.



How to play:

Sit in a circle or a line. Have the first person whisper a sentence to the next person, who then whispers it to the next, and so on. When the message reaches the last person, have them say it out loud.

Add a twist and make it themed: Use phrases like:

- “Freedom is a gift we must protect”
- “Speak truth with courage and kindness”
- “Faith guides our choices”

Discussion tie-in:

- Why is it important to speak clearly and truthfully?
- What happens when messages get changed?
- How can we be good listeners so we understand the message correctly?
- What can we do to make sure we pass along the message accurately?

WORD Search

Kid's Puzzle



FREEDOM FAITH
 SPEAK RIGHTS
 TRUTH CHURCH
 VOICE BELIEVE
 LISTEN LIBERTY



F R E E D O M E Q V
 G S K D C O E P J O
 U R W W S P E A K I
 T I Q Q P H F S F C
 R G C X E O A P U E
 U H H B E L I E V E
 T T U L I S T E N H
 H S R H G G H N Y V
 F I C S V O N V O C
 H C H L I B E R T Y

Teen Puzzle

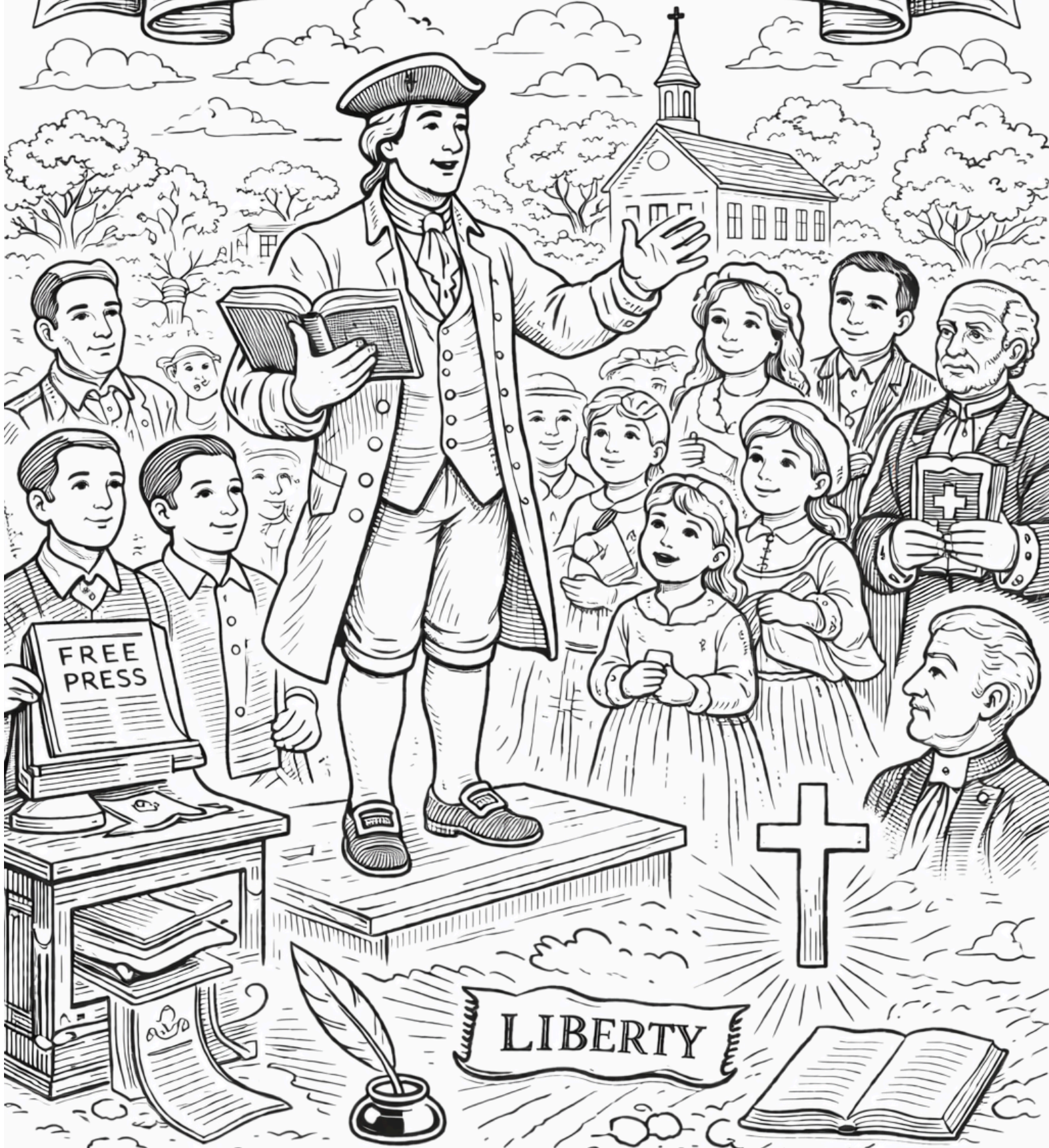


O T Q B P B E A P P O L F C Q
 E V E K M X A X R Y A P E H A
 S C L C W X H S P Z E X H U P
 P B P R H L Z S S R G T G R R
 E V L P F C Z N G E E V W C A
 E W O R S H I P C Q M S G H Y
 C O N S C I E N C E A B S N E
 H U V L V P W T K K P D L K R
 R N O I W C Y L U B P R E Y R
 I A I B B E L I E V E I N T V
 T F C E K B I W E S I W G N Y
 R A E R Q M Y S F R E E D O M
 U I Q T H G W R E L H J I M Y
 T T W Y K S C R I P T U R E A
 H H V M B R I G H T S W P N K

Freedom
 Liberty
 Speech
 Voice
 Express
 Truth
 Rights
 Conscience
 Believe
 Worship
 Faith
 Prayer
 Church
 Scripture
 Assembly



Freedom of Speech & Faith



Eagle Forum of Alabama

ABOUT US

Eagle Forum of Alabama is dedicated to promoting strong families, informed citizens, and the timeless principles that made America great. Through education, advocacy, and programs fostered by our Action Groups and Student Eagles, we are investing in the next generation of leaders.

If your family enjoyed this month's challenge, you're already part of something bigger. Together, we are raising the next generation to love truth, cherish freedom, and live with purpose.

WWW.ALABAMAEAGLE.ORG



[Check out www.AlabamaEagle.org for:](http://www.AlabamaEagle.org)

- Weekly Alabama legislative updates
- Blog posts & news updates on issues impacting Alabama families
- Access educational resources like the America 250 Family Challenge
- Learn about Student Eagles and how they can get involved
- Find upcoming EFA events and conferences
- Take action with alerts to make your voice heard
- Support our work to strengthen families & communities across Alabama
- Find links to our social media and Youtube channel



DONATE!

We're YOUR voice at the State House—and your partner in raising informed, confident citizens. We are deeply grateful for your financial support, which makes it possible for us to continue educating, equipping, and advocating for strong families across Alabama.